This is a Sample version of the Alzheimer’s Disease Assessment Scale-Cognitive Subscale (ADAS-COG)

The full version of the Alzheimer’s Disease Assessment Scale-Cognitive Subscale (ADAS-COG) comes without ‘sample’ watermark.
The full complete 35 page version includes –
- User guide manual
- Scale/ Questionnaire

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The ADAS-Cog is a commonly used objective measure of cognitive change. There are several versions of this test.

- The version used in this study is the basic ADAS-Cog with 11 items: it was designed to measure cognitive areas commonly seen to decline in Alzheimer’s disease (AD), specifically learning (word list), naming (objects), following commands (1 to 5 elements), ideational praxis (mail a letter), constructional praxis (copy 4 figures), orientation (person, time and place), recognition memory (from a second word list), and remembering test instructions (from the recognition subtest)

- The test includes three additional subjective scales containing assessment of spoken language ability, word finding difficulty, and comprehension

- This test takes about 30 minutes

- The ADAS-Cog is scored from 0 to 70: higher score indicates greater cognitive impairment

### ADAS-Cog Study

Material necessary for ADAS-Cog tests:
- Suitcase with 12 objects
- Booklets of words (10 words + 12 words)
- Pencil
- Envelopes
- Paper sheet
- Watch
- Postcard

<table>
<thead>
<tr>
<th>Suitcase with 12 objects.</th>
<th>Ring booklet of 10 words (for word recall test)</th>
<th>Word recognition Test 12 words</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Flower</td>
<td>• BOTTLE</td>
<td>COST</td>
</tr>
<tr>
<td>2. Rattle</td>
<td>• POTATO</td>
<td>MEAL</td>
</tr>
<tr>
<td>3. Wallet</td>
<td>• GIRL</td>
<td>PASSENGER</td>
</tr>
<tr>
<td>4. Bed</td>
<td>• TEMPLE</td>
<td>ACID</td>
</tr>
<tr>
<td>5. Mask</td>
<td>• STAR</td>
<td>ENGINE</td>
</tr>
<tr>
<td>6. Harmonica</td>
<td>• ANIMAL</td>
<td>RICHES</td>
</tr>
<tr>
<td>7. Whistle</td>
<td>• FOREST</td>
<td>GRAVITY</td>
</tr>
<tr>
<td>8. Scissors</td>
<td>• LAKE</td>
<td>TUBE</td>
</tr>
<tr>
<td>9. Stethoscope</td>
<td>• CLOCK</td>
<td>SOLUTION</td>
</tr>
<tr>
<td>10. Pencil</td>
<td>• OFFICE</td>
<td>CHIMNEY</td>
</tr>
<tr>
<td>11. Comb</td>
<td></td>
<td>SANDWICH</td>
</tr>
<tr>
<td>12. Tongs</td>
<td></td>
<td>DAMAGES</td>
</tr>
</tbody>
</table>
ADAS-Cog - contents

1. Spoken language ability *(0-5 points)*
2. Comprehension *(0-5 points)*
3. Word finding difficulty in spontaneous speech *(0-5 points)*
4. Word Recall Task *(0-10 points)*
5. Naming objects and fingers *(0-5 points)*
6. Orientation *(0-8 points)*
7. Commands *(0-5 points)*
8. Ideational Praxis *(0-5 points)*
9. Constructional Praxis *(0-5 points)*
10. Word recognition task *(0-12 points)*
11. Remembering test instructions *(0-5 points)*

* Involve subjective ratings

Total score range 0-70
1. **WORD RECALL TASK:** Indicate the total number of correct responses for each trial

<table>
<thead>
<tr>
<th>Trial 1</th>
<th>Trial 2</th>
<th>Trial 3</th>
<th>Mean average</th>
<th>Score /10</th>
</tr>
</thead>
</table>

2. **NAMING OBJECTS AND FINGERS:** Check each object/finger named correctly or check "NONE."

- Flower
- Bed
- Whistle
- Pencil
- Thumb
- Pinky/ little

- Rattle
- Mask
- Scissors
- Comb
- Index
- Middle

- Wallet
- Harmonica
- Stethoscope
- Tongis
- Ring

3. **COMMANDS:** Check each command performed incorrectly or check "NONE."

- Make a fist
- Point to the ceiling, then to the floor
- Put the pencil on top of the card, then put it back.
- Tap each shoulder twice with two fingers keeping your eyes shut.

4. **CONSTRUCTIONAL PRAXIS:** Check each figure drawn incorrectly. (see scoring instructions)

- None: attempted but drew no forms correctly.
- Patient drew no forms; scribbled; wrote words.
- Circle
- Two overlapping rectangles
- Rhombus
- Cube

5. **Ideational PRAXIS:** Check each step completed incorrectly or check "NONE."

- Fold a letter.
- Put letter in envelope.
- Seal envelope.
- Address envelope.
- Indicate where stamp goes.

6. **ORIENTATION:** Check each item answered incorrectly or check "NONE."

- Full name
- Day
- Month
- Date
- Year

- Day
- Season
- Place
- Time of day

7. **WORD RECOGNITION TASK:**

<table>
<thead>
<tr>
<th>Trial 1</th>
<th>Trial 2</th>
<th>Trial 3</th>
<th>Mean average</th>
<th>Score /12</th>
</tr>
</thead>
</table>

8. **LANGUAGE:** Check level of impairment.

- None: patient speaks clearly and/or is understandable.
- Very Mild: one instance of lack of understandability.
- Mild: patient has difficulty < 25% of the time.
- Moderate: patient has difficulty 25–50% of the time.
- Moderately Severe: patient has difficulty more than 50% of the time.

9. **COMPREHENSION OF SPOKEN LANGUAGE:** Check level of impairment.

- None: patient understands.
- Very Mild: one instance of misunderstanding.
- Mild: 3–5 instances of misunderstanding.
- Moderate: requires several repetitions and rephrasing.
- Moderately Severe: patient only occasionally responds correctly; i.e., yes – no questions.

10. **WORD FINDING DIFFICULTY:** Check one response.

- None.
- Very Mild: 1 or 2 instances, not clinically significant. Mild:
- noticeable circumlocution or synonym substitution.
- Moderate: loss of words without compensation on occasion.
- Moderately Severe: frequent loss of words without compensation.

11. **REMEMBERING TEST INSTRUCTIONS:** Check level of impairment.

- None.
- Very Mild: forgets once.
- Mild: must be reminded 2 times.
- Moderate: must be reminded 3–4 times.
- Moderately Severe: must be reminded 5–6 times.
- Severe: must be reminded 7 or more times.